
EMPLOYEE
ASSISTANCE PROGRAM



DC 47
HEALTH & WELFARE FUND

855-EAP-LIFE
327-5433

What is the Employee Assistance Program (EAP)?

The Employee Assistance Program (EAP) provides confidential and experienced assistance to help you and your family resolve personal problems that affect your health, family or job. In addition to assessment and referral services, the EAP provides information, education and consultation both independently and in concert with other professional resources.

Why Use the EAP?

Everyone needs help now and then in dealing with personal crisis or confronting a challenge at work. The EAP offers you an opportunity to solve problems, improve the quality of your life and enhance or maintain superior job performance. Change is seldom easy. The EAP can help you make it happen.

No problem is too serious or too simple

What Kind of Problems do Employees Call the EAP About?

The EAP's confidential, professional services address a variety of personal concerns and organizational needs. Among the issues it addresses are:

- Family Concerns
- Marital Problems
- Alcohol
- Other Drugs
- Codependency
- Emotional
- Psychological
- Financial
- Occupational
- Work-Related Stress
- Loss of a Loved One

Contacting the EAP

The EAP can be reached 24 hours a day, 7 days a week. The employee or family member may contact the EAP in a variety of ways:

Self Referral

The employee or family member may phone the EAP directly, talk to an EAP consultant and arrange an appointment

Supervisor Recommended Referral

The employee may be encouraged to seek assistance from the EAP by supervisor, administrator or union representative.

Job Performance Referral

A supervisor or administrator may refer the employee to EAP because of deteriorating job performance, excessive absenteeism or violation of policy (ie., drug free workplace, etc.)

Regardless of how contact is made, the employee and/or family members who request help will be asked to schedule an appointment to meet with one of our EAP consultants. The EAP consultant will provide assistance, recommendations, and referral to appropriate resources, as needed.

For more assistance go to: www.lmseap.com

Program Integrity and Professional Staff

Confidentiality is an important issue for everyone, and the EAP abides by all state and federal laws governing it. Information shared with the EAP will not be disclosed to anyone without your written consent, unless required by law.

Our EAP consultants are experts in assessment and referrals. They work with clients to find the most effective and affordable solutions to problems. All EAP consultant staff have a minimum of a master's degree in social work or counseling as well as many years of clinical experience in dealing with a wide range of personal and workplace concerns.

Referral for Specialized Services

If you need ongoing assistance, you will be referred to qualified resources. Your benefits coverage and ability to pay are considered when making referrals. The least intrusive, most appropriate level of help is always recommended.

What Does EAP Cost?

The services of the EAP are paid for by your union because it values you and the work you do.

There is no charge for up to 8 visits per calendar year per condition to the employee receiving assistance through the EAP.

**For Confidential Assistance:
Call The EAP 855-327-5433**

**When You Don't
Know What To
Do Next...**

We can help.

**For Confidential
Assistance:**

Call The EAP 855-327-5433

www.lmseap.com

CODE: DC47